



#ShipBeKind

@Ship_ssrc @Shipwellness @ShippensburgU



Scan this QR code to learn more about SCRC during #ShipBeKind

Kindness is defined as “the quality of being friendly, generous, and considerate”. Genuine kindness expressed through daily living has the potential to change lives by making individuals feel cared for. The #BeKind movement brings awareness of the importance of kindness in everyone’s lives during the week of November. #ShipBeKind encourages people to carry out acts of kindness in our community.

November 11-15 is also The Education for Students Experiencing Homelessness Awareness Week with November 15th being wear Red Shirt Day. Scan the QR code to learn more.

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 SHOW KINDNESS BY SUPPORTING A LOCAL BUSINESS, DONATING ITEMS, OR VOLUNTEERING	11 Veterans Day! WRITE A THANK YOU CARD TO A VETERAN AND SEND IT TO THE DURFF-KUHN VFW POST 6168 130 W KING ST., SHIPPENSBURG	12 CATCH SOMEONE BEING KIND! POST A PIC OF SOMEONE WHO IS KIND!	13 National World Kindness Day! WHO TAUGHT YOU TO BE KIND? THANK THEM! WEAR #SHIPBEKIND MERCH!	14 WRITE A CARD THANKING SOMEONE WHO MADE A DIFFERENCE IN YOUR LIFE!	15 SPEND QUALITY TIME WITH A FRIEND OR FAMILY MEMBER WEAR RED SHIRT DAY	16 SHARE A POST ABOUT KINDNESS ON SOCIAL MEDIA USING #SHIPBEKIND