



#ShipBeKind

@Ship_ssrc @Shipwellness @ShippensburgU



Kindness is defined as “the quality of being friendly, generous, and considerate”. Genuine kindness expressed through daily living has the potential to change lives by making individuals feel cared for. The #BeKind movement brings awareness of the importance of kindness in everyone’s lives during the week of November. #ShipBeKind encourages people to carry out acts of kindness in our community.

November 11-15 is also The Education for Students Experiencing Homelessness Awareness Week with November 15th being wear Red Shirt Day. Scan the QR code to learn more.



Scan this QR code to learn more about SCRC during #ShipBeKind

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 SHOW KINDNESS BY SUPPORTING A LOCAL BUSINESS, DONATING ITEMS, OR VOLUNTEERING	11 Veterans Day! THANK A VETERAN FOR THEIR SERVICE No School	12 WRITE A CARD THANKING A VETERAN DURING RESOURCE Buy Be Kind items at Lunch!	13 National World Kindness Day! NOMINATE SOMEONE “CAUGHT BEING KIND” DURING LUNCH FOR A CHANCE TO WIN CHAMP CHECKS! WEAR #SHIPBEKIND MERCH!	14 WHO TAUGHT YOU TO BE KIND? KINDESS TRIBUTE DURING LUNCH Buy Be Kind items at Lunch!	15 PAINT A KINDNESS ROCK DURING LUNCH Buy Be Kind items at Lunch! WEAR RED SHIRT DAY	16 SHARE A POST ABOUT KINDNESS ON SOCIAL MEDIA USING #SHIPBEKIND